



Writing Ashram for PHDs and Post-Docs

10.09 – 16.09.2018

Quite ironically, the time for concentration and intellectual contemplation seems to be eroding at universities. Therefore, **Ingrid Scherübl** and **Katja Günther** developed the Writing Ashram project – a monastery simulation for academics located in the countryside near Berlin.

The boost of productivity, which comes through living in this monastery-like daily structure for a couple of days –away from all chores, together with other writers– is quite astonishing.

The Writing Ashram workshop invites you to practice a monastic lifestyle, to write extensively and push forward your textproject.

The daily schedule consists of defined writing times, physical exercises out in the nature, meditation sessions, inspirational breaks and counseling hours. This special work environment will allow you to deepen your concentration and change the way of write long-lasting.

Daily Schedule

07:00	Wake Up Gong
07:30 – 08:00	Physical Activity
08:00 – 09:00	Morning Meal
09:00 – 11:00	Writing
11:00 – 11:15	Tea Break
11:15 – 13:00	Writing
13:00 – 15:00	Lunchbreak
15:00 – 16:30	Workshop
16:30 – 17:00	Afternoon Break
17:00 – 19:00	Writing
19:00 – 20:30	Dinner / Leisure Time
21:30	Meditation
23:00	Lights off!

Application deadline: 30.04.2018

Schedule and registration:
summer-university.udk-berlin.de